

## WORKSHOP

# REVITALIZE VIRTUAL TRAINING:

## CONQUERING ZOOM FATIGUE AND BOOSTING TEAM ENGAGEMENT



# \$1500

USD for up to 12 participants  
(additional participants: \$100 each)  
Bundle 6 workshops for \$7500 USD  
– saving \$1500!

### BENEFITS

**01** Define the characteristics of Zoom Fatigue and how to combat it

**02** Design virtual experiences that minimize virtual classroom burnout

**03** Identify ways to keep Zoom Fatigue from turning into Zoom Attrition

**In the hybrid workplace, virtual learning has become an indispensable tool for training. However, many of these programs are lecture-oriented, excessively long, and require continuous live video. The resulting effect is that prolonged virtual sessions can have a detrimental impact on participants' attention and engagement levels. As a result, there are growing concerns about the efficacy of such training programs.**

Despite the challenges posed by virtual learning, it remains the most effective method for training a hybrid workforce. Our workshop has been specifically designed to address these challenges, equipping participants with the skills to design engaging virtual experiences and meet training goals. Additionally, we will provide strategies to avoid virtual classroom burnout for everyone involved in the process, including both facilitators and learners.

**This course employs our research-driven Inquire Engagement Framework™** to conquer the challenge of maintaining learner engagement. Our three-pronged approach enhances an organization's current training by integrating a cutting-edge strategy that thrives in today's hybrid workplace environment.

#### OVERVIEW

- Self-Directed Activities
- One 2-Hour Collaborative Virtual Lesson
- Final Project – Create an Action Plan that maximizes engagement to avoid Zoom Fatigue

#### LEARNING OBJECTIVES

- Analyze the primary causes of Zoom fatigue
- Implement effective design and facilitation techniques to minimize fatigue
- Recognize and redirect behaviors that contribute to Zoom fatigue, both as a facilitator and as a participant.
- Implement strategies to alleviate Zoom fatigue

For inquiries regarding bundled pricing and custom schedules that cater to the needs of your organization, please contact [sales@insynctraining.com](mailto:sales@insynctraining.com).